



Preschool/Daycare/Headstart

January 2025

NOTES

All meals include:

¼ cup of Fruit & ¼ cup of Vegetable

1% White Milk

WGR: Whole Grain Rich; WG: Whole Grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="display: flex; justify-content: space-between;"> 1 2 3 </div>				
<div style="display: flex; justify-content: space-between;"> No School: Winter Break No School: Winter Break No School: Teacher Institute </div>				
<p>Breakfast 6 Cinnamon Cream Cheese Bagel Bar (WGR) Pears</p> <p>Lunch Fish Sticks (WG) French Fries & Mixed Fruit</p>	<p>Breakfast 7 Cheerios (WG) Fresh Orange</p> <p>Lunch Cheesy Baked Penne (WG) Cooked Carrots & Pears</p>	<p>Breakfast 8 Chicken Biscuit (WGR) Sandwich Applesauce</p> <p>Lunch Nacho Cheese Walking Taco (WGR) Baked Beans & Peaches</p>	<p>Breakfast 9 Sausage & Cheese Muffin (WGR) Banana</p> <p>Lunch BBQ Riblet Sandwich (WG) Green Beans & Applesauce</p>	<p>Breakfast 10 Eggo Waffle (WGR) Diced Peaches</p> <p>Lunch Sausage Pizza (WGR) Cooked Broccoli & Apricots</p>
<p>Breakfast 13 Country Ham Flatbread (WGR) Apple</p> <p>Lunch Meatball Sub (WG) Baked Beans & Mixed Fruit</p>	<p>Breakfast 14 Blueberry Muffin Top: (WGR) Orange</p> <p>Lunch French Toast Sticks w/ (2) Sausage Patties (WGR) Cooked Carrots & Pears</p>	<p>Breakfast 15 Cheerios (WG) Applesauce</p> <p>Lunch Cheese Quesadilla (WGR) Veg blend & Peaches</p>	<p>Breakfast 16 Egg & Cheese Muffin (WGR) Banana</p> <p>Lunch Tater Tot Nachos w/ Breadstick (WG) Green Beans & Applesauce</p>	<p>Breakfast 17 Breakfast Pizza (WGR) Diced Peaches</p> <p>Lunch Pizza Sticks (WGR) w/ Dipping Sauce Baby Carrots & Apricots</p>
<p>No School: M.L. King Day 20</p>	<p>Breakfast 21 Chicken Wrap (WGR) Orange</p> <p>Lunch Chicken (WGR) Tikka Masala Bowl French Fries & Pears</p>	<p>Breakfast 22 Cheerios (WG) Applesauce</p> <p>Lunch Bacon Cheeseburger on a Bun (WG) Cooked Broccoli & Peaches</p>	<p>Breakfast 23 Turkey Pancake Wrap (WGR) Banana</p> <p>Lunch Country Popcorn Chicken (WGR) Bowl Tater Tots & Applesauce</p>	<p>Breakfast 24 Strawberry Cream Cheese Bagel Bar (WGR) Diced Peaches</p> <p>Lunch Pepperoni Pizza (WGR) Veg Blend & Apricots</p>
<p>Breakfast 27 Egg & Cheese Muffin (WGR) Pears</p> <p>Lunch Fish Melt Sandwich (WG) Baked Beans & Mixed Fruit</p>	<p>Breakfast 28 French Toast (WGR) Orange</p> <p>Lunch Penne (WG) Alfredo w/ Chicken Cauliflower & Pears</p>	<p>Breakfast 29 Sausage Muffin (WGR) Applesauce</p> <p>Lunch Salisbury Steak w/ Breadstick (WG) Mashed Potatoes & Orange Wedges</p>	<p>Breakfast 30 Three Cheese Mexi Breakfast Maple Flatbread (WGR) Banana</p> <p>Lunch Buffalo Chicken Mac (WG) & Cheese Cooked Broccoli & Applesauce</p>	<p>No School 31</p>